

## Kindergarten Physical Education Fall Closeout 2010

### Purpose/Goal

- **Purpose:** How to effectively use the new Kindergarten Physical Education and Completely Kindergarten Guides.
- **Goal:** Teachers will leave the closeout wanting to use the P.E guide.

### Materials/Supplies

- Location: School Gymnasium and School Classroom
- Physical education equipment as required for activity sessions
- Laptop and Screen, Internet Access (patch cord), LCD Projector, Stereo with CD player and/or I-Pod input, extension cord(s) and power-bar
- Tables and Chairs
- Curriculum Guides (Physical Education and Completely Kindergarten)

## AGENDA

| <u>Time</u>  | <u>Session/Activity</u>  |
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| 9:00 am – 9:30 am  | <ul style="list-style-type: none"> <li>• General Introduction (Developed by each District)</li> </ul>  |
| 9:30 am – 10:00 am   | <ul style="list-style-type: none"> <li>• Nutrition Break</li> </ul>  |
| 10:00 am – 10:30 am <ul style="list-style-type: none"> <li>• <u>Kindergarten Session 1</u></li> <li>• PowerPoint Presentation</li> </ul>   | <ul style="list-style-type: none"> <li>• Overview of the Kindergarten P.E and Completely Kindergarten guides (How do they connect?)</li> </ul>                                       |
| 10:30 am – 11:00 am <ul style="list-style-type: none"> <li>• <u>Kindergarten Session 2</u></li> <li>• Theme: Body Management &amp; Orientation</li> </ul>  | <ul style="list-style-type: none"> <li>• <u>Concept:</u> Elaborations: Strategies for Learning and Teaching</li> <li>• Activity Based Approach</li> </ul>                            |
| 11:00 am – 11:30 am <ul style="list-style-type: none"> <li>• <u>Kindergarten Session 3</u></li> <li>• <u>Theme: Space, Direction, Body Awareness; Locomotor Skills; Non-locomotor Skills</u></li> </ul>              | <ul style="list-style-type: none"> <li>• <u>Concept:</u> Play-Based Learning using a Free Exploration Teaching style</li> <li>• Activity Based Approach</li> </ul>                   |
| 11:30 am - 12:00 pm <ul style="list-style-type: none"> <li>• <u>Kindergarten Session 4</u></li> <li>• Theme: Manipulative Skills: Accompanying Apparatus &amp; Projecting &amp; Receiving with Implements</li> </ul> | <ul style="list-style-type: none"> <li>• <u>Concepts:</u> Characteristics of the Kindergarten Learner &amp; Differentiated Instruction</li> <li>• Activity Based Approach</li> </ul> |
| 12:00 pm – 1:15 pm   | <ul style="list-style-type: none"> <li>• Lunch</li> </ul>  |
| 1:15 pm – 1:45 pm <ul style="list-style-type: none"> <li>• <u>Kindergarten Session 5</u></li> <li>• Theme: Manipulative Skills - Projecting and Receiving Small and Large Objects</li> </ul>                         | <ul style="list-style-type: none"> <li>• <u>Concept:</u> Assessment and Evaluation</li> <li>• Activity Based Approach</li> </ul>   |
| 1:45 pm – 2:15 pm <ul style="list-style-type: none"> <li>• <u>Kindergarten Session 6</u></li> <li>• Theme: Rhythmic Activities</li> </ul>  | <ul style="list-style-type: none"> <li>• <u>Concept:</u> Cross-Curricular Links</li> <li>• Activity Based Approach</li> </ul>  |

| <b><u>Time</u></b>   | <b><u>Session/Activity</u></b>   |
|--|--|
| 2:15 pm – 2:45 pm <ul style="list-style-type: none"><li>• <b><u>Kindergarten Session 7</u></b></li><li>• DVD</li></ul> | <ul style="list-style-type: none"><li>• Interview conducted with Dr. Antony Card (Director of Human Kinetics and Recreation)</li></ul> |
| 2:45 pm – 3:15 pm  | <ul style="list-style-type: none"><li>• Summary and Session Evaluation</li></ul>   |